



ROSH PINAH PRIMARY SCHOOL

Curriculum Map

PSHE 2024-25

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Induction All About Me Transition Managing Feelings and Behaviours Self Confidence and Self Esteem Making Relationships 10 th October – World Mental Health Day British Values – Democracy Black History Month My Happy Mind Module 1 - Meet your Brain	Anti-Bullying Week Managing Feelings and Behaviours Self Confidence and Self Esteem Staying Safe + Road Safety Week Making Relationships Remembrance Day Christmas Appreciation and Diwali My Happy Mind Module 2 – Celebrate How Character Strengths make us unique and special. Celebrate differences.	Internet Safety Children’s Mental Health Week Managing Feelings and Behaviours Self Confidence and Self Esteem Making Relationships British Values – Mutual Respect and Tolerance My Happy Mind Module 3 – Appreciate What appreciation is. How to show gratitude	Managing Feelings and Behaviours Self Confidence and Self Esteem Making Relationships Neurodiversity Week British Values – Individual Liberty My Happy Mind Module 4 – Relate The importance of listening to others. How to develop good listening skills.	British Values – The Rule of Law Managing Feelings and Behaviours Self Confidence and Self Esteem RSHE Making Relationships My Happy Mind Module 4 – Relate The importance of listening to others. How to develop good listening skills. My Happy Mind Module 5 – Engage What Goal Setting is. Why goals are important.	Managing Feelings and Behaviours Self Confidence and Self Esteem Financial Education Making Relationships My Happy Mind Module 5 – Engage What Goal Setting is. Why goals are important.

	<p>What the brain looks like. The role of the brain. The importance of looking after our brain.</p>					
Year 1	<p>Transition to Year 1 All about me/induction</p> <p>Human body, senses and feelings (link to Science)</p> <p>Black History Month</p> <p>10th October – World Mental Health Day</p> <p>British Values – Democracy</p> <p>NSPCC – Speak Out, Stay Safe</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p>	<p>Anti-Bullying Week</p> <p>Staying Safe + Road Safety Week</p> <p>Looking after our local community. (link to Geography)</p> <p>Remembrance Day</p> <p>Christmas Appreciation and Diwali</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p> <p>My Happy Mind Module 2 – Celebrate Learn the 5 Character Strengths. Identify their Character Strengths Celebrate others' Character Strengths.</p>	<p>Internet Safety</p> <p>Children's Mental Health Week</p> <p>Communications/Relationships (link with English)</p> <p>Looking after our world (link to Geography)</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p> <p>British Values – Mutual Respect and Tolerance</p> <p>My Happy Mind Module 3 – Appreciate What we should appreciate. The benefits of showing gratitude.</p>	<p>Neurodiversity Week</p> <p>RSHE – hygiene and the changing body Streetwise – Body Image and RSE Workshops</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p> <p>British Values – Individual Liberty</p> <p>My Happy Mind Module 4 – Relate What relate means Celebrate differences in others What Active Listening is.</p>	<p>Healthy Living</p> <p>British Values – The Rule of Law</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p> <p>My Happy Mind Module 4 – Relate What relate means Celebrate differences in others What Active Listening is.</p> <p>My Happy Mind Module 5 – Engage What it means to engage. How to set goals.</p>	<p>Money Week Financial Education Preparing to be citizens in society</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p> <p>My Happy Mind Module 5 – Engage What it means to engage. How to set goals.</p>

	<p>My Happy Mind Module 1 - Meet your Brain</p> <p>Learning about key parts of the brain. What happens in their brain when they feel different emotions.</p> <p>The benefits of calming strategies</p>					
Year 2	<p>Transition to Year 2</p> <p>Black History Month</p> <p>10th October – World Mental Health Day</p> <p>British Values - Democracy</p> <p>NSPCC – Speak Out, Stay Safe</p> <p>Physical Activity and the effect on our body (link with PE and Science)</p> <p>Ongoing – Managing feelings and behaviours</p> <p>Making relationships</p>	<p>Anti-Bullying Week</p> <p>Staying Safe + Road Safety Week</p> <p>Families/Relationships (link to English)</p> <p>Looking after the environment (link with Science)</p> <p>Remembrance Day</p> <p>Christmas Appreciation and Diwali</p> <p>Ongoing – Managing feelings and behaviours</p> <p>Making relationships</p> <p>Self-confidence and self-esteem</p>	<p>Internet Safety</p> <p>Children’s Mental Health Week</p> <p>Keeping Healthy – diet and exercise (link to Science)</p> <p>Ongoing – Managing feelings and behaviours</p> <p>Making relationships</p> <p>Self-confidence and self-esteem</p> <p>British Values – Mutual Respect and Tolerance</p> <p>My Happy Mind Module 3 – Appreciate What we should appreciate.</p> <p>The benefits of showing gratitude.</p>	<p>Neurodiversity Week</p> <p>British Values – Mutual Respect and Tolerance</p> <p>RSHE – positive body image</p> <p>Streetwise Body Image and RSE workshops</p> <p>British Values – Individual Liberty</p> <p>Ongoing – Managing feelings and behaviours</p> <p>Making relationships</p> <p>Self-confidence and self-esteem</p>	<p>Preparing to be citizens in society</p> <p>British Values – The Rule of Law</p> <p>Ongoing – Managing feelings and behaviours</p> <p>Making relationships</p> <p>Self-confidence and self-esteem</p> <p>My Happy Mind Module 4 – Relate What relate means</p> <p>Celebrate differences in others What Active Listening is.</p> <p>My Happy Mind Module 5 - Engage</p>	<p>Money Week</p> <p>Financial Education</p> <p>Transition to Year 3 preparation</p> <p>Ongoing – Managing feelings and behaviours</p> <p>Making relationships</p> <p>Self-confidence and self-esteem</p> <p>My Happy Mind Module 5 – Engage What it means to engage.</p> <p>How to set goals.</p>

	<p>Self-confidence and self-esteem</p> <p>My Happy Mind Module 1 - Meet your Brain Learning about key parts of the brain. What happens in their brain when they feel different emotions. The benefits of calming strategies</p>	<p>My Happy Mind Module 2 – Celebrate Learn the 5 Character Strengths. Identify their Character Strengths Celebrate others’ Character Strengths</p>		<p>My Happy Mind Module 4 – Relate What relate means Celebrate differences in others What Active Listening is.</p>		
Year 3	<p>Transition to Year 3</p> <p>Developing a healthier lifestyle (link to Science)</p> <p>NSPCC – Speak Out, Stay Safe</p> <p>Black History Month</p> <p>British Values - Democracy</p> <p>10th October – World Mental Health Day</p> <p>Ongoing – Managing feelings and behaviours</p>	<p>Anti-Bullying Week</p> <p>Staying Safe + Road Safety Week</p> <p>Remembrance Day</p> <p>Christmas Appreciation and Diwali</p> <p>Preparing to be citizens in society.</p> <p>Ongoing – Managing feelings and behaviours Making relationships</p> <p>My Happy Mind Module 2 – Celebrate Identify Character</p>	<p>Internet Safety</p> <p>Children’s Mental Health Week</p> <p>Developing a healthy lifestyle – oral hygiene / exercise/ diet</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p> <p>British Values – Mutual Respect and Tolerance</p> <p>My Happy Mind Module 3 – Appreciate Develop the skill of gratitude. The benefits of giving and receiving gratitude.</p>	<p>Neurodiversity Week</p> <p>Preparing to be citizens in society</p> <p>RSHE – Streetwise Body Image and RSE workshops</p> <p>British Values – Individual Liberty</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p>	<p>Preparing to be citizens in society</p> <p>British Values – The Rule of Law</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p> <p>My Happy Mind Module 4 – Relate Looking at different perspectives. The importance of friendships. The benefits of Active Listening.</p>	<p>Money Week Financial Education</p> <p>Transition to Year 4 preparation</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p> <p>My Happy Mind Module 5 – Engage How to develop the skills of perseverance and resilience.</p>

	<p>Making relationships Self-confidence and self-esteem</p> <p>My Happy Mind Module 1 - Meet your Brain</p> <p>Key parts of the brain and how they work. How to support their brain when feeling different emotions. Creating positive habits.</p>	<p>Strengths indifferent scenarios. Develop their Character Strengths.</p>		<p>My Happy Mind Module 4 – Relate Looking at different perspectives. The importance of friendships. The benefits of Active Listening</p>	<p>My Happy Mind Module 5 – Engage How to develop the skills of perseverance and resilience. Reflect on goals whether they area chieved or not.</p>	<p>Reflect on goals whether they area chieved or not.</p>
Year 4	<p>Transition to Year 4</p> <p>Black History Month</p> <p>NSPCC – Speak Out, Stay Safe</p> <p>10th October – World Mental Health Day</p> <p>British Values - Democracy</p> <p>Ongoing – Managing feelings and behaviours</p>	<p>Anti-Bullying Week</p> <p>Developing a healthier lifestyle / Keeping safe (link to Science)</p> <p>Staying Safe + Road Safety Week</p> <p>Remembrance Day</p> <p>Christmas Appreciation and Diwali</p>	<p>Internet Safety</p> <p>Children’s Mental Health Week</p> <p>Caring for the environment (link to Geography)</p> <p>Ongoing – Managing feelings and behaviours Making relationships</p> <p>British Values – Mutual Respect and Tolerance</p> <p>My Happy Mind Module 3 – Appreciate</p>	<p>Neurodiversity Week</p> <p>RSHE – puberty Streetwise Body Image and RSHE workshops</p> <p>Financial Education</p> <p>British Values – Individual Liberty</p> <p>Ongoing – Managing feelings and behaviours Making relationships</p>	<p>Preparing to be citizens in society</p> <p>British Values – The Rule of Law</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p> <p>My Happy Mind Module 4 – Relate Looking at different perspectives.</p>	<p>Money Week Financial Education</p> <p>Transition to Year 5 preparation</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p> <p>My Happy Mind Module 5 – Engage How to develop the skills of</p>

	<p>Making relationships</p> <p>My Happy Mind Module 1 - Meet your Brain Key parts of the brain and how they work. How to support their brain when feeling different emotions. Creating positive habits.</p>	<p>Ongoing – Managing feelings and behaviours</p> <p>Making relationships</p> <p>My Happy Mind Module 2 – Celebrate Identify Character Strengths in different scenarios. Develop their Character Strengths.</p>	<p>Develop the skill of gratitude. The benefits of giving and receiving gratitude.</p>	<p>My Happy Mind Module 4 – Relate Looking at different perspectives. The importance of friendships. The benefits of Active Listening.</p>	<p>The importance of friendships. The benefits of Active Listening.</p> <p>My Happy Mind Module 5 – Engage How to develop the skills of perseverance and resilience. Reflect on goals whether they are achieved or not.</p>	<p>perseverance and resilience. Reflect on goals whether they are achieved or not.</p>
Year 5	<p>Transition to Year 5</p> <p>Black History Month</p> <p>NSPCC – Speak Out, Stay Safe</p> <p>British Values - Democracy</p> <p>10th October – World Mental Health Day / JAMI visit</p> <p>Ongoing – Managing feelings and behaviours Making relationships</p>	<p>Anti-Bullying Week</p> <p>Staying Safe + Road Safety Week</p> <p>Remembrance Day</p> <p>Christmas Appreciation and Diwali</p> <p>Ongoing – Managing feelings and behaviours Making relationships</p> <p>My Happy Mind Module 2 – Celebrate The importance of identifying Character Strengths in</p>	<p>Internet Safety</p> <p>Children’s Mental Health Week</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p> <p>British Values – Mutual Respect and Tolerance</p> <p>My Happy Mind Module 3 – Appreciate The brain's reaction to giving and receiving gratitude at a deeper level. Creating daily habits of gratitude.</p>	<p>Neurodiversity Week</p> <p>RSHE - puberty/positive body image Streetwise Body Image and RSHE workshops.</p> <p>British Values – Individual Liberty</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p>	<p>Preparing to be citizens in society</p> <p>British Values – The Rule of Law</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p> <p>My Happy Mind Module 4 – Relate How to build successful friendships. Skills needed to actively listen.</p>	<p>Money Week Financial Education</p> <p>Transition to Year 6 preparation</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p> <p>My Happy Mind Module 5 – Engage Individual and team goals. How to remain engaged with goals. Independently create goals and</p>

	<p>My Happy Mind Module 1 - Meet your Brain The science behind the brain in more detail and understand how to react positively. Use calming strategies independently.</p>	<p>themselves and others. How Character Strengths help indifferent situations. How Character Strengths can support them through transition.</p>	<p>How gratitude can help them through tough times.</p>	<p>My Happy Mind Module 4 – Relate How to build successful friendships. Skills needed to actively listen. How relationships can support them through transition.</p>	<p>How relationships can support them through transition.</p> <p>My Happy Mind Module 5 – Engage Individual and team goals. How to remain engaged with goals. Independently create goals and know the steps and strategies needed to achieve these.</p>	<p>know the steps and strategies needed to achieve these.</p>
Year 6	<p>Transition to Year 6</p> <p>Black History Month</p> <p>NSPCC – Speak Out, Stay Safe</p> <p>10th October – World Mental Health Day / JAMI visit</p> <p>British Values - Democracy</p> <p>Ongoing – Managing feelings and behaviours</p>	<p>Anti-Bullying Week</p> <p>Staying Safe + Road Safety Week</p> <p>Remembrance Day</p> <p>Christmas Appreciation and Diwali</p> <p>Ongoing – Managing feelings and behaviours Making relationships</p> <p>My Happy Mind Module 2 – Celebrate The importance of identifying Character Strengths in</p>	<p>Internet Safety</p> <p>Children’s Mental Health Week</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p> <p>British Values – Mutual Respect and Tolerance</p> <p>My Happy Mind Module 3 – Appreciate The brain's reaction to giving and receiving gratitude at a deeper level. Creating daily habits of gratitude.</p>	<p>Neurodiversity Week</p> <p>Healthy relationships resolving disputes and conflicts. (link to English)</p> <p>RSHE – Body Image and RSHE workshops</p> <p>Drugs/Alcohol Education (link to Science)</p> <p>British Values – Individual Liberty</p>	<p>Preparing to be citizens in society</p> <p>British Values – The Rule of Law</p> <p>Transition to secondary school/Streetwise workshop/Junior Citizenship</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p> <p>My Happy Mind Module 5 – Engage Individual and team goals. How to remain engaged with goals. Independently create goals and know the steps and</p>	<p>Money Week Financial education</p> <p>Year 6 Residential</p> <p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p> <p>My Happy Mind Module 5 – Engage Individual and team goals. How to remain engaged with goals. Independently create goals and know the steps and</p>

	<p>Making relationships</p> <p>My Happy Mind Module 1 - Meet your Brain The science behind the brain in more detail and understand how to react positively. Use calming strategies independently.</p>	<p>themselves and others. How Character Strengths help indifferent situations. How Character Strengths can support them through transition.</p>	<p>How gratitude can help them through tough times.</p>	<p>Ongoing – Managing feelings and behaviours Making relationships Self-confidence and self-esteem</p> <p>My Happy Mind Module 4 – Relate How to build successful friendships. Skills needed to actively listen. How relationships can support them through transition.</p>	<p>How to build successful friendships. Skills needed to actively listen. How relationships can support them through transition.</p> <p>My Happy Mind Module 5 – Engage Individual and team goals. How to remain engaged with goals. Independently create goals and know the steps and strategies needed to achieve these.</p>	<p>strategies needed to achieve these.</p> <p>My Happy Mind – Yr6 module Transition to secondary school</p>
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